SAMPLE TEXT to parish administrators to use for the 2025 Lenten Meditations

Join Episcopal Relief & Development in exploring “A Commonplace Lent”

For more than 15 years, Episcopal Relief & Development has been blessed by the opportunity to join readers on their spiritual journeys with thought-provoking Lenten Meditations. During the 2025 Lenten season, we will explore what we share in common: spiritual practices, worship, service and faith. Written by Jerusalem Jackson Greer, our 2025 Lenten Meditations also remind us of how to look for—and find—God in the ordinary, everyday aspects of life. Episcopal Relief & Development is committed to “Working Together for Lasting Change.” Each day, these meditations offer insight and inspiration for sharing in this bold mission and in our common path to be faithful disciples of Christ.

Visit episcopalrelief.org/Lent or scan the QR code to subscribe to daily emails, download a PDF, read the meditations and access a Group Study Guide to reflect on the meditations with others.

[Promotional image](https://www.episcopalrelief.org/wp-content/uploads/2024/12/Email-Promo-Header-for-Congregations-2025.png)

[QR code](https://www.episcopalrelief.org/wp-content/uploads/2024/12/Lent-2025-landing-page-QR-code.png)

[Episcopal Relief & Development logos](https://www.episcopalrelief.org/press-and-resources/online-press-kit/)