



LENTEN MEDITATIONS



Join Episcopal Relief & Development in exploring *A Commonplace Lent*

Episcopal Relief & Development is blessed by the opportunity to join readers on their spiritual journeys with thought-provoking Lenten Meditations. During the 2025 Lenten season, we will explore what we share in common: spiritual practices, worship, service and faith. Written by Jerusalem Jackson Greer, our 2025 Lenten Meditations also remind us of how to look—and find—God in the ordinary, everyday aspects of life. Episcopal Relief & Development is committed to “Working Together for Lasting Change.” Each day, these meditations offer insight and inspiration for ways we can share in this bold mission and in our common path to be faithful disciples of Christ.

Visit episcopalrelief.org/Lent or scan the QR code to subscribe to daily emails, download a PDF, read the meditations and access a Group Study Guide to reflect on the meditations with others.



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